



Heather Hetheru Miller, CPP

Personal Change Coach



Facilitator * Writer * Consultant * Blogtalk Radio Host

Over the course of a career spanning nearly 30 years, Personal Change Coach HEATHER HETHERU MILLER has transformed the lives of thousands through her acclaimed training and workshops on entrepreneurship, professional development and self-discovery.

Recognized for instilling a passion for accomplishment and lifelong learning into her clients, she currently serves as Executive Director of *EMIT, Inc.*, a Detroit-based 501c3 non-profit dedicated to cultivating the

lives of boys and ultimately restoring families through advocacy, awareness and guiding action. She is founder, owner and operator of *Your Inspired Journey*, a female-focused LLC that teaches best practices in personal development, team building and customer sensitivity training. A multimedia dynamo, Heather Hetheru is a contributing writer for *The Hype Magazine*, *Detroit Native Sun News* and has authored several independently published books, including “A Patch of Grass” and “Woman of Purpose Walking the Path.” She is co-host of the WHPR/FM 88.1 talk show “Expose’ Under the Sun,” where she addresses the topic of community wellness. Having trained, consulted, and coached over 20,000, Heather Hetheru’s business philosophy is summed up in the personal credo “transforming lives, on purpose”—a reference to the passion that is both essential to success, and that she seeks to inspire in her clients. “As a Personal Change Coach, it’s extremely gratifying and rewarding to help people find and live out their purpose,” she says.

A proud graduate of Detroit Central High School, Heather Hetheru holds a Bachelor of Arts degree in Advertising and Public Relations from Grand Valley State University (1993). A Certified Program Planner, her résumé includes stints at Wayne State University (Adjunct Instructor), Wayne County Community College District (Development Specialist), Focus: HOPE (Instructor/Manager) and United Way of Southeastern Michigan (Community Planner). She has served on the teams of Readers Become Leaders Literacy Agency, Detroit CERT (Community Emergency Response Team), and Pro-Literacy Detroit. She currently serves on the boards of Detroit Impact Inc. and Good Fathers Only. Her burgeoning lists of clients include The Salvation Army, OakStreet Health, Adult Well-Being Services, Alpha Kappa Alpha Sorority, Inc, Michigan Faith in Action, S.A.F.E. (Sisters Acquiring Financial Empowerment), Miller-Carr Human Services, and more. She is a wife and proud mother of five. Learn more about Heather Hetheru at www.yourinspiredjourney.com or reach out at 313-759-7855.